

Name _____

Date _____

Self-Reflection: Who Am I?

Directions: Answer each question as honestly as possible.

1. What makes you happy?
2. What kind of person are you? How would you describe yourself?
3. What do you like best about yourself? Why?
4. What would you like to change or improve about yourself? Why?

5. What things about eighth grade are you looking forward to? Why?

6. What things about eighth grade are you NOT looking forward to? Why?

7. What are your hopes for your life?

8. What can your teachers do to help you reach your goals?

9. What, if anything, would you like to add?